

Hajj/Umrah ka Tareeqa

Hajj kya hai:

Hajj Islam ke bunyadi sutoono mein se ek sutoon (pillar) hai, Ek salana Roohani tajurba jo sahib e istitaat musalmanon ko apni zindagi mein kam az kam ek baar Allah par – apne imaan aur bandagi ka izhaar karne ke liye ada karna hain. Aayiye un manasik e hajj ko samajhte hain jo har haaji Makkah mukarramah ke safar ke dauran anjaam dete hai .

Hajj ki ahmiyat / fazail :

“Logon par Allah ka yeh haqq hai ke jo is ghar tak pahuchne ki istitaat rakhta ho woh iska hajj karey, aur jo koi is hukum ki pairwi se inkar karey to usey maloom ho jana chahiye ke Allah tamaam duniya walon se be-niyaz hai. [Quran 3:97]

“Allah ki khushnudi ke liye jab hajj aur umra ki niyat karo to usey poora karo “ [Sura Baqara ayat 196]

- 1- Hajj behtareen ibadaat mein se ek hai aur Islam ke arkaan (pillars) mein se ek hai .(sahih bukhari : 8)
- 2- Haji gunaahon se aisey paak ho jata hai jaise naumaulood (new born) bachche ki tarhnaun be gunah .(sahih Bukhari : 1521)
- 3- Hajj Mabruur ka sawab jannat hai .(sahih Bukhari : 1773)
- 4- Hajj karne walay Allah ke mehmaan hain .(Ibn maja : 2892)
- 5- Aurton ke liye hajj Allah ki raah mein jihad karne ke barabar hai . (Sahih bukhari : 1520)
- 6- RasoolAllah (sas) ne farmaya Arafah se badh kar koi din aisa nahi jismein Allah subhanahu apne bando ko aag se aazad karta ho jitna ki Arafah ke din aazad karta hai , Allah subhanahu qareeb se qareeb hota hai aur farishto ke samne bando ka haal dekh kar fakhr karta hai aur farmata hai ki ye kis irade se jama huye hain ? Sahih Muslim, Jild 3, 3288

Hajj ki Waqiya Mukhtasar (briefly):

Agarchey Hajj ek aisi cheez hai jiski taleem paighambar e Islam Muhammad (sas) ne musalmanon ko di hai, lekin iski ibtida dasal Islam ke ek aur pyare paighambar Ibrahim (as) ki talemaat se millti hai . Hazaron saal pehle Allah ne Hazrat Ibrahim (as) aur Hazrat Ismail (as) ke zariya khane Kaaba ki tameer farmayi.

Nabi akram (sas) ne hajj ka aaghaz 628 Esswi (CE) mein Zilhajj ke mahine mein kiya tha, aur wahi hajj hai jo aaj musalman ada karte hain. Taham, Zill Hajj Islam se pehle bhi arab mein kafir arabo ke liye ek muqaddas mahina tha . Is mahine ke dauran, arabo ke liye ladayi mamnoo (forbidden) thi aur woh bhi Hajj kiya karte thay.

Hajira, Ismael (as) aur zamzam ka kunwa

Ibrahim (as) ya Khalilullah (Allah ka dost) Allah Subhana o taala ke azeem tareen bandon mein se ek thay. Ibrahim (as) ki nabuwat aur waqiyaat quran e majeed aur ahadith mein naql ki gayi hai . Apni nabuwat ke dauran, ibrahim (as) ko kayi aazmaiayshon se guzarna pada. Allah ne aapko mukhtalif aazmaiayshon se guzara jaisa ke ap ko aag mein dala gaya, Apna ghar-baar chodh kar hijrat karna pada etc..Un aazmaiayshon mein se ek apne bete Ismail (as)ko Allah ki raah mein qurbaan karne par amaadgi ka imthehaan, aur apni Bibi Hajirah aur bete Ismael (as) ko Mecca ke sehra (desert) mein tanha chodne ka imthihaan shaamil hai. Yeh imthihaan hi hajj ki buniyaad faraham karta hai.

Allah ke hukum se Hazrat ibrahim (as) Bibi Hajirah aur ismael (as) ko Makkah ke sehra mein chodh kar chalay gaye. Thoda sa khana aur pani jo unke paas tha jaldi hi khatam ho gaya aur us waqt ek shir khwar bacche Hazrat Ismael (as) pyaas se ro rahay thay. Bibi Hajirah, pani ki talaash mein betaabi se, Safa aur marwah ki qareebi pahadiyon ke darmiyan saat martaba is umeed par bhaagi ke shayad koi madad mile. Hazrat Ismail (as) bhook aur pyaas ki takleef se apne pair se zameen ko maarte aur ragad rahey thay ke aachanak banjar sehra mein Allah ke hukm se paani (Zamzam) ka chashma phoot pada jissey unhone apni pyaas bujhayi. Pani ka yeh zariya Bibi hijara aur hazrat Ismail (as) ke liye tijarat ka zareya faraham karta raha, guzarnay walay khanah badoshon (nomada) ko khoraak aur pani ke deegar samaan ke tabadlay ke sath. Phir yahan banu Jurham Kabila sabse pehle abaad hua. Yeh jagah Bibi Hajirah aur inke beta ke liye khushaal ho gayi aur jab Hazrat Ibrahim (as) ko sehra mein unke paas wapas aane ka hukum diya gaya to woh un Maujazaat ko dekh kar hairan reh gaye jo unke liye zahir huey thay.

khanah kaaba ki taamer

Zam Zam ke kunwey ke maqam ke kareb hazrat Ibrahim (as) ko khana kaaba ki taamer ka hukum diya gaya Ibrahim (as) aur unke bete Ismael (as) ne milkar Allah ke hukm aur rehnumayi se khaane Kaaba ki tameer ki. Allah ne Hazrat Ibrahim (as) ko logon ko Hajj par bulane ka hukm diya.

Allah (swt) famata hai *“Yaad karo woh waqt jab humne Ibrahim ke liye is ghar (khane Kaaba) ki jagah tajweez ki thi (is hidayat ke saath) ke “mere saath kisi cheez ko shareek na karo, aur mere ghar ko tawaf karne walon aur qayam va ruku va sujud karne walon ke liye paak rakho. Aur logon ko hajj ke liye izar e aam (proclamation) de do ke woh tumhare paas har door daraz muqaam se paidal aur ounton(camels) par sawar aayein. Taa-ke woh faayde dekhein jo yahan unke liye rakkhe gaye hain, aur chandh muqarrar dino mein un jaanwaron par Allah ka naam lein jo usne unhein bakshe hain, khud bhi khayein aur tang-dast mohtaj ko bhi dein. Phir apna mail-kuchel (dirt) door karein aur apni nazrein (vows) poori karein, aur us qadeem (ancient) ghar ka tawaf karein.* [Quran Sura 22 Hajj Ayaat 26-29]

Hajj karne walon ke liye ek marhala waar Rehnumayi (guide)

Subhan Allah , har saal, 2 se 3 million duniya bhar ke musalman ittehaad ke sath Hajj ada karne ke liye Makkah mukarramah ke muqaddas shehron ka safar karte hain .Lihaza, agar aap un khushnaseeb mein se ek hain jo is muqaddas sutoon ki takmeel ke liye Makkah ja rahey hain, to is babarkat safar mein aap ki madad ke liye hum ne yeh aasaan marhala waar hajj guide jama kya hai.

Hajj ki teen kismein hain jinhein hajj karne wala muntakhib kar sakta hai, yani :

Hajj e Ifraad : yeh bunyadi taur par qurbani ke janwar (Hadi) ya qurbani ki zaroorat ke baghair tanha hajj ke manasik ada karne se murad hai. Jo Haaji is qisam ka hajj karta hai usay mufrad kaha jata hai .

Hajj e Qiran - Is qisam ke hajj mein Ehraam ki haalat mein hajj aur Umra dono ek sath ada kiye jatay hain. Is Hajj ko mukammal karne ke liye qurbani ke janwar ki zaroorat hoti hai. Jo haaji is qisam ka hajj karta hai usay Hajj e Qiran kaha jata hai .

Hajj e Tamattu - Hajj ki sab se aam qisam aur isey Nabi (sas) ne apne sathiyon ko karne ki targheeb di. Is se murad hajj ke mausam mein Umra ada karna aur phir Zil-Hajj ki aathwi (8th) aur terahwi (13th) tareekh ke darmiyan hajj ke marahil ko mukammal karna hai .Umra aur hajj dono manasik ehraam ki alag haalat mein daakhil ho kar ada kiye jatey hain, aur hajj ki is shakal ko mukammal karne ke liye qurbani ke janwar ki zaroorat hoti hai.

Umrah ka tareeqa is maqala (article) ke aakhir mein alag se diya gaya hai.

Hajj ka pehla Din: Yaum e Tarawiya (8 Zill-hijja)

1- Makkah mukarramah mein Fajar ki namaz ada karne ke baad Mina ki taraf rawana hon aur Zuhr ki namaz se pehle Mina pahonch jayein. Dauran e safar Talbiah kasrat se padhein .

Labbayka Allāhumma labbayk. Labbayk lā shareeka laka labbayk. Inna al-ḥamda, wa n-‘imata, Laka wal mulk. Lā shareeka lak.

Tarjuma : " mein haazir hoon, aey Allah , mein haazir hoon,mein haazir hoon tera koi shareek nahi,. beshak tamam tareefein aur niyamatain tere liye hain aur tamam baadshahat teri hi hai. tera koi shareek nahi hai.' "

2- Mina pahonch kar 8 zill hijja ke din 5 namazein ada karna hai yani Zuhr , Asar, Maghrib aur Isha aur nau (9th Zill-Hajj) ki namaz e Fajr ada karein. Zuhr , Asr aur Isha ki namazein sirf do rak-at (qasr) qasr hain. yeh tamam namazain apne apne auqaat mein ada ki jayein .

3- Mina mein raat ka qiyam.

Is tarah Hajj ka pehla din mukammal huwa

Hajj ka dusra din: Yaum e Arafah (9 Zill Hajj) :

1- Fajar ki namaz Mina mein ada karen aur 9 Zill Hajj ke tulu aftaab tak Mina mein rahein .

2- Tulu aftaab (sunrise) ke baad Arafah ke liye rawana hon. Safar ke dauran Talbiah aur takbir (Allahu akbar) padhte rahein. Safar ke dauran aur Arafat pahunchne ke baad darj zail (below mentioned) dua padh kar bhi Allah ki tasbeeh karein

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

(Laa ilaaha ill-allaahu, wahdahu laa shareeka llahu, lahul-mulku wa lahul-hamdu, wa huwa 'alaa kulli shay'in qadeer)

Tarjuma : " Allah ke siwa koi mabood nahi uska koi shareek nahi, badshahi usi ke liye hai aur tamam tareefein usi ke liye hain aur woh har cheez par Qadir hai"

3- Zawal se pehle maidan e Arafat pohanchne ki koshish karein .

4- Zawal (namaz Zuhri ka waqt) ke baad , imam masjid Nimra mein khutba (khutba) denge. Khutba ke baad namaz Zuhri aur Asr ek saath jama (namaz zuhri) ada ki jayegi .

5- Ghuroob aftaab tak Arafat ke hudood mein rehna yakeeni banayein. Allah ka zikr aur tasbeeh karte rahein aur astaghfar karte rahein .

6- Maghrib ki namaz Arafah mein nahin padhna .

7- ghuroob aftaab ke baad khamoshi aur tazeem ke sath muzdalfa ke liye rawana ho jayen lekin Talbiah , tasbeeh aur Allah ka zikr karte rahein .

8- Muzdalfa pahonch kar maghrib aur esha ki namazein esha ke waqt ikathi ada ki jayegi .

9- Jamarat ke liye 49 ya 70 kankariyan chunain. kankariyon ka size chane/mutter (chickpeas) ke barabar hona chahiye. Aap aglay din Fajar ki namaz ke baad bhi kankariyan chun satke hain .

10- Muzdalfa mein raat ka qiyam. kaaba ki taraf muh karke (tulu aftaab se pehle) jitna hosakay Allah se dua karen. Muzdalfa mein qiyam ke dauran aap jo duayen padh satke hain un mein se ek dua darj zail (below mentioned) hai :

Allahu Akbar, Allahu Akbar, La ilaha illallah.

Tarjumna # Allah sabse bada hai, Allah Sabse bada hai, Allah ke siwa koi ilah/mabood nahin.

Hajj ka dusra din mukammal sun-huwa Alhamdulillah .

Hajj ka teesra din: Eid ka din (10 Zill-Hijja) :

1- Muzdalfa mein Fajar ki namaz apne waqt par ada karein .

2- takbir, tasbeeh, Talbiah ke wird jari rakhein aur apne aap ko duaon mein mashgool rakhein .

3- Tulu e aftaab tak muzdalfa mein rehna .

4- Tulu e aftaab ke baad Mina ke liye rawana hon. Talbiah ka vird karte rahein.

5- Mina pahunchne ke baad Jamrah Aqabah (Jamra akhab teen patharon mein se aakhri aur sab se bara sutoon hai) par saat patharon ke sath jayen .

6- Pehla Pathar maarny se pehle Talbiah parhna chodh dein . Ab Jamra aqaba par saat patthar maar kar rami karen, har phainkay ke sath "Allahu akbar"(Allah sabse bada hai) ka vird karein .

8- Is din sirf is Jamra Akaba par pathrao kiya jayega .

9- Rami ke baad Hujjaj ab janwar ki qurbani ke liye agay badheenge. (apni qurbani zaati tor par zibah karein ya kisi aisay shakhs ke zariye jo aap ki taraf se karega). Yeh hajj ifraad karne walay ke liye laazmi nahi hai. Qurbani ke tokens aur waqt diya jayega hujjaj ko jiske baad agla kaam baal tarashwana/ya mundwana hai.

10- qurbani ke baad Sar mundwana (shave) ya baal taraash lein. Albata mundanaa (shaving) afzal hai. Auratein –apne balon ka thoda sa hissa kaatengi .

11- Baal mundwane ya tarashwane ke baad aap juzwi tor par ahraam ki haalat se bahar aaye hain. Ab aap aam libaas pehan satke hain. taham, miyan biwi ke darmiyan qurbat ki ijazat nahi hai.

12- Ab kaaba ka tawaf e Ifadah karne ke liye Mecca mukarramah mein masjid e haram jayein

13- Tawaf ke baad maqam ibrahim ke peechnay ya masjid alhram mein do rak-at Namaz padein.

14- Ab Safa o marwah ki sae karen .Sai karne ke baad zam zam ka pani khoob piye .

15- Ab Mina wapas jayen aur Mina mein raat guzarein. raat bhar Makkah mukarramah mein nah teharein.

Hajj ka teesra din mukammal ho gaya Alhamdulillah

Hajj ka choutha din : Eid ka dusra din (11 Zill-Hajj) :

1- Zawal ke waqt tak Mina mein rehna. Zuhri ki namaz padhkar teeno jamarat ki rami karna .

2- Sab se pehle chotey Jamarat mein jayein, har kankari par takbir Allahu Akbar (Allah sabse bada hai) padhte hue saat kankariyan maarein .

3- chotey Jamarat ko patthar marne ke baad darmiyan Jamarat mein jayein aur har kankari par takbir Allahu Akbar (Allah sabse bada hai) padhte hue saat kankariyan maarein .

4- Aakhir mein aakhri aur sabse badi Jamarat (Jamara Aqaba) par jayen aur par takbir Allahu Akbar (Allah sabse bada hai) padhte hue saat kankariyan maarein .

5- Rami (shaytan ko patthar marna) se farigh honay ke baad Mina mein hi rehna chahiye .

Hajj ka choutha din mukammal ho gaya Alhamdulillah

Hajj ka panchawa (5th) din: (12 Zil-Hajj) :

1- Pichle din ki tarhan zawal ke waqt tak Mina mein qiyam karein. Zuhri ki namaz padh kar teeno (all three) jamarat ki rami karna.

sabse pehle chotey Jamarat , phir darmiyan Jamarat aur aakhir mein Jamarah Akaba sab par Allahu Akbar padh kar 7 kankariyan maarein .

Rami mukammal karne ke baad aap 12 Zill-hajj ko ghuroob e aftaab (magrib) se pehle Mina se rawana ho satke hain. Agar aap 12 Zilhajj ke ghuroob aftaab ke waqt bhi Mina mein mojud hain to aap aglay din tak Mina mein hi rahein .

Agar aap 12 Zil-Hajj ko Mina se niklay hain to Mecca mukarramah mein kaabe ka tawaf 'alvidah' karen. Is tawaf ke liye ehraam bandhne ki zaroorat nahi hai. Iske Alawa, maqam ibrahim ke peechnay ya masjid alhram mein do rak-at namaz ada karein. Koi say'ee ki zaroorat nahi hai. Yeh hajj ka aakhri manasik hai aur is marhalay par hajj ke tamam vajbat mukammal ho jate hain. Jin khawateen ko haiz aata hai woh is se mustasna hain .**Mubarak ho, aap ne hajj mukammal kar liya hai .**

Jin logon ne Mina mein qiyam ka faisla kiya hai unke liye hajj ka panchawan din mukammal ho gaya aur agle din phir rami karna hai.

Note : 11 aur 12 Zee al-haja ko Jamarat rami ka waqt Zawal ke baad se le kar Fajar ke waqt tak hai. halaank ghuroob aftaab se pehle karna sunnat hai.

Hajj ka chhata (6th) din : (13 Zill-Hajj) (sirf un logon ke liye jo abhi bhi Mina mein hain)

1- agar aap 12 Zilhajj ke ghuroob aftaab ke baad bhi Mina mein mojud hain to aap 13 Zill-hajj ko bhi shaytan ko kankariyan maare ke paband hain. Rami (shaytan ko kankariyan marna) ka tareeqa wahi rahaega jaisa ke upar bataya gaya hai. Rami ke baad aap Makkah Mukarrama rawana ho satke hain .

2- Makkah pahonch kar masjid e haram mein kaaba ka alwida tawaf karein. Muqam e ibrahim ke peechay ya masjid alhram mein do rak namaz ada karein. Is tawaf keliye ehraam bandhnay ki zaroorat nahi hai, Na sayi karne ki. Yeh hajj ki aakhri manasik hai aur is marhalay par hajj ke tamam vajbat mukammal ho jatay hain. jin khawateen ko haiz aata hai woh is se mustasna hain .

Mubarak ho, aap ne hajj mukammal karliya . Allah qabool Farmaye. Ameen

Umrah

Umrah Kise Kahte Hain?

Umrah ke maane ziyarat karne ke hain, iska matlab yeh hai ki Allah ke ghar ki ziyarat karna umrah ki niyat se, hajj farz aur zaruri hota hai aur umrah sunnat hai.

Umrah Ki Fazilat

1. Hazrat Abu Hurairah (R Z) se riwayat hai ki Rasulullah (S A W) ne farmaya ki: “Ek umarah dosre umrah tak hone wale tamam gunahon ko khatam kar deta hai, aur maqbool hajj ka badla sirf jannat hai”. (Bukhari: 1773, Muslim: 1349).
2. Mafhoom e hadith: Umar Radi-Allahu-Anhu se rivayat hai ki Rasool-Allah (s.a.s) ne farmaya baar baar Hajj aur Umrah kiya karo kyunki baar baar Hajj aur umraah karna Gareebi (Muflisi) aur Gunaahon ko aisey khatam kar deta hai jaisey bhatti lohey ke mail ko khatam kar deti hai...Sunan Ibn Majah, Vol 2 , # 1044 - Sahih
3. Hazrat Abdullah bin Abbas ek lambi riwayat me kahte hain ki: Rasulullah (S A W) ne farmaya: “Ramazan me umrah ka sawab hajj ke brabar hai”. (Bukhari: 1782, Muslim: 1256).

Umrah karne wala Allah ka mehmaan hai:

4. **♦ Mafhum-e-Hadith:** ♦ Ibn Umar Radi Allahu anhu se rivayat hai ki Rasool-Allah ﷺ ne farmaya Allah ki raah mein jihad karne wala , Hajj karne wala aur umrah karne wala Allah subhanahu ke mehman hain Allah subhanhu ne unko bulaya to wo hazir huye aur unhone Allah subhanahu se maanga to usne inko ata kiya gaya ...Sunan Ibn maja, Jild 2, 1050-Hasan
5. Abu Hurairah (r.a)se rivayat hai ki Rasoolallah ﷺ ne farmaya Allah ke mehmaan 3 (tarah ke log) hain..Ghazi (Allah ki raah mein ladney wala), Hajj karney wala aur umrah karney wala..Sunan Nasaii, Vol 2, 536 – Sahih

6. Agar umra ke safar mein maut aa jaye

1. Uske liye Qayamat tak sawab likha jayega : Abu Hurairah (r.a) se rivayat hai ki Rasool-Allah (s.a.s) ne farmaya jo shakhs hajj karne ke irade se nikla aur wafat paa gaya to hisab ke din tak (yani Qayamat tak) us ke liye Hajj karne ka sawab likha jayega aur jo shakhs umrah karne ke irade se nikla aur wafat paa gaya to Qayamat tak us ke liye Umrah karne ka sawab likha jayega.....Aur jo shakhs Allah ke raaste mein jihad ke irade se nikla aur wafat paa gaya to Qayamat tak us ke liye Mujahid ka sawab likha jayegaAl Silsila As Sahiha, 2146
2. Qayamat ke din Labbaik kahta hua utheyga (SubhanAllah): Ibn Abbas radi allahu anhuma se rivayat hai ki ek shaksh maidan Arafat mein tha ki apni sawari se gir parha aur mar gaya (ya sawari ne unhey kuchal diya

) Nabee sallallahu alaihi wasallam ne farmaya pani aur beri ke patton se usey ghusal do aur Do kapdo mein unhey kafan do aur farmaya ki inhey khushbu na lagao aur na inka sir chupao kyunki ye Qayamat ke din Labbaik kahta hua utheyga....Sahih Bukhari, Vol 2, 1265

7. **Tawaf ki fazilat*** ♦ Rasool-Allah (sas) ne farmaya jo Aadmee tawaf ke saat chakkar lagaye aur phir do rakat adaa karen usko ek gardan aazad karne ke barabar sawab milta hain, tawaf mai aadmee ko ek qadam uthane aur rakhne par 10 nekiyan milti hain 10 gunah maaf hote hain aur 10 darjat buland kiye jaate hain.. Musnad Ahmed-4339-Sahih
8. **Kaaba mein namaz ki fazilat** : Masjid Al-haram mein ek namaz dusri masajido ki ek lakh namazo se afzal hai .. Jaber Radi Allahu Anhu se riwayat hai ki Rasoolallah Sallallahu Alaihi Wasallam ne farmaya meri masjid mein ek namaz masjid-Al-haram ke siwa baqi masajido ki hazar namazo se afzal hai aur Masjid Al-haram mein ek namaz dusri masajido ki ek lakh namazo se afzal hai ..Sunan Ibn Majah- Vol. 1, Book 5, 1406-Sahih

In riwayaton ke alawa umrah ke bare me aur bahut si riwayat hain jin se umre ki fazeelat maloom hoti hai, agar aadmi ke pass us ki zarurat se zada maal ya paisa hai to us ko zarur umrah karna chahiye.

Umrah Ka Tareeqa

1. Miqaat pahunch kar ya miqaat se pehle **EHRAAM** bandhna.
2. Masjid e Haram Khana kaaba mein pahonch kar us ka **TAWAF** karna.
3. Safa Marwa ki **SAYI** karna, yah 7 chakkar me hoti, yah Hazrat Hajra (A S) ki sunnat hai, unhon ne apne dodh pite bachche Hazrat Ismayeel ke liye pani ki talash me safa se marwa ke 7 chkar lagaye the.
4. Sar ke baal mudana ya katana.

Ehraam

1. Niyaton ko khalis karlein
2. Nakhoon aur gair zaroori baal tarshaein
3. Ghusl karein (Ghusl Farz nahin hai pakeezgi ikhtiyar karein. Zahiri aur baatini)
 - a. Purifying your body by shower or wudu (الوضوء).
 - b. Purifying your body internally, through repentance on your sins. You should recite: "O Allah, I sincerely repent on my sins and seek your forgiveness."
4. Shoes na pehnein... Mard Hazraat ke takne (ankles) khule rehna zaroori hai.. Chappal etc.. ka istemal karein
5. **Niyyat karein**: Labbaik Allahumma Umrah (teen baar padein) aur talbiya Ibaaik Allahumma labbaik..... padein..

Agar kisi aur ke naam se umrah karna hai to labbaik Allah humma umrah ann (unka naam lein)

6. **Talbiya** : Labbaika Allahumma Labbaik, Labbaika la sharika Laka Labbaik, inna-l-hamda wan-ni'mata Laka walmulk, La sharika Laka

Tarjuma Urdu: Mai hazir hoon aey Allah mai hazir hoon, mai hazir hoon aey Allah tera koi shareek nahin, teri hi hamd (sab tareef) aur niyamatein, baadshahi tere hi liye hai, Tera koi shareek nahin.

Tarjuma English: Here I am, O Allah, here I am. Here I am, you have no partner, here I am. Verily all praise and blessings are Yours, and all sovereignty, you have no partner

7. **Halat e Ehram ki pabandiyan**:
 - a. Nakhoon na tarashein.

- b. Baal na kaatein na kheench kar nikalein
- c. Ittar / Perfume na lagaeyein
- d. Kisi janwar ya jaandaar ko na maarein.
- e. Harey darakht ki tehniyan na todein
- f. zubaan se buri baat ya kisi ko takleef na dein
- g. Mard siley (stitched) huey kapde na pehnein
- h. Sharirik (humbistari) sambandh na karein.

Tawaf

1. Jab Masjid e haram mein dakhil hon toh tahayyatul masjid namaz alag se nahin hai , Tawaf directly karein.
2. **Istilaam : Hajr e Aswad ke koney se dono haath kaabe ki taraf karke padein** " **Bismillahi Allahu Akbar Wa Lilla Hil Hamd**" (Tawaf Hajr e aswad ke corner se shuru karein jahan Green light lagi hui hai)
3. Rukn e yameni aur hajr e aswad ke darmiyan yeh dua karein " **Rabbana aataina fid duniya hasanataon wa fil aakhirati hasanataon wakin azaban naar. " aey hamare Rubb! Humein duniya mein bhalayi de aur aakhirat mein bhi bhalayi , aur aag ke azaab se humein bacha..**
4. Kaabe ke 7 chakkar pure karein
5. Muqaam e ibrahim ke pichey (yani saamne muqaam e ibrahim aur Kaaba ho), 2 rakaat namaaz padein.
 - a. Pehli rakaat mein **sura fatiha** ke baad **sura Qul ya ayyhal kafiroon** padein
 - b. Dusri rakaat mein sura fatiha ke baad **sura ikhas (qul hu Allahu ahad)** padein..
 - c. **Note:** Agar Muqaam e Ibrahim ke pichey jagah na miley, to yeh namaz kaheen par bhi padh sakte hain.
6. 2 Rakaat namaaz ke baad duaen maang lein phir ZamZam piyein.
7. Tawaf ke pahle 3 chakkaro mein RAMAL karna sunnat hai.
 - a. Ramal: Pehalwano ki tarah tez chalna jis se quwwat ka izhar ho
8. Tawaf ke saare chakkaron mein zikr aur daein karte rahein. (Arabic mein bhi masnoon duaen kijiye aur apni zubaan mein bhi Allah se dua kar sakte hain).

Sayi

Sayi SAFA aur MARWAH ke darmiyan chakkar lagane ko kehte hain . Yeh Hazrat Hajira ki sunnat hai jab unhone Hazrat Ismail (as) jab bhook aur pyaas se rone lage to in dono pahadon ke darmiyan lagaye thay taake dekhein koi insan ya madad mil jaye. Allah ne is amal ko itna pasand kiya ke qayamat tak haji aur umra karne wale is sunnat ko ada karte hai...

1. Safa se marwa tak ek chakkar hai.
2. Marwa se Safa tak doosra chakkar hai
3. " safa aur marwah par quran ki yeh ayat padein "


 إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ فَمَنْ حَجَّ الْبَيْتَ أَوْ اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ أَنْ يَطَّوَّفَ بِهِمَا وَمَنْ تَطَوَّعَ خَيْرًا فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ

" sura baqara ayat 158. Yaqeenan safa aur marwa Allah ki nishaniyon mein se hain, lihaza jo shaks baitullah ka hajj ya umra karey, uske liye koi gunaah ki baat nahin ke woh in dono pahadiyon ke darmiyan sayi karle aur jo bariza o ragbat (with a willing heart) koi bhalayi ka kaam karega Allah ko iska ilm hai aur woh iski qadr karne wala hai.

Kaaba ki taraf rukh karne ke padein 'La ilaha 'illallahu wahdahu la sharika lahu, lahul-mulku wa lahul-hamdu wa Huwa 'ala kulli shay'in Qadir, la 'ilaha 'illallahu, 'anjaza wa'dahu, wa nasara 'abdahu, wa hazamal 'ahzaba wahdahu.

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ،
لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ
شَيْءٍ قَدِيرٌ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ
وَعْدَهُ، وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ
وَحْدَهُ

4. Green lights ke darmiyan mard daud kar jayein..
5. Is tarah saat (7) chakkar poore karein (Marwa par aakhir chakkar khatm hoga).
6. Safa marwa ke darmiyan masnoon dua , darood, hamad o sana ki kasrat karein.
7. Baal katayein ya tarshwayein (shave karein) aur ehram khol dein.
 - a. Umme Hussain Radi Allahu Anha se rivayat hai ki Hajjatul Wida ke mauqe par Rasool Allah (s.a.s) ne Sir mundane walo ke liye teen baar aur Baal katwane walo ke liye ek baar Dua ki : Sahih Muslim 3150-Sahih
 - b. **Note:** is Hadith se Malum hua ki Umrah ke waqt agar koi chahe to Sir mundwa Sakta hai aur koi chahe to baal bhi katwa sakta hai magar sir mundwane ki fazilat zyada hai*
8. Is tarah aapka umrah muqammal ho jayega... Allah qabool farmaye..

Miscellaneous

1. **Buzurg logon ki taraf se Hajj or Umrah :** AbuRazin Radiallahu anhu se rivayat hai ki Banu amir ke ek shaksh ne Kaha , Ya Rasoolallah Sallallahu Alaihi Wasallam mere walid bahut umar daraz hain wo apney aap na to hajj kar saktey hain na umrah aur na hi wo jabal (mount) par ja saktey hain Aap Sallallahu Alaihi Wasallam ne farmaya apney Walid ki taraf se Hajj aur umrah karo ...Sunan Abu Dawud, Vol2, 46 - Sahih

Note : dusron ka umrah ya hajj (hajj e badal) karne se pehle khud ka hajj ya umra karna zaroori hai.

2. **Hajr e Aswad :**

Abis bin Rabia Radi Allahu Anhu se rivayat hai ki Hazrat Umar Radi Allahu Anhu Hajar-e-Aswad ke pass aaye aur use Bosa diya aur farmaya ki main khub janta hu tu ek paththar hai , na kisi ko Nuksaan pahuncha sakta hai na nafaa, Agar Rasool-Allah Sallallahu Alaihi Wasallam ko tujhe Bosa dete huye (chumte huye) na dekhta to main tujhe kabhi bosa na deta ...Sahih Bukhari, Vol2, 159

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